

OLOL SCHOOL NEWSLETTER

"Every good gift and

and every perfect gift

is from above and

comes down from the Father of lights."

JAMES 1:17

Oakland Avenue, Baulkham Hills South Telephone: 8841 3700 Facsimile: 8841 3799 www.ololbhills.parra.catholic.edu.au

Term 3 Week 6 31st August, 2018

This Sunday is the Twenty-second Sunday in Ordinary Time – Year B

The Second Reading for this Sunday is from the letter of St James 1:17-18, 21-22, 27

Be doers of the word.

It is all that is good, everything that is perfect, which is given us from above; it comes down from the Father of all light; with him there is no such thing as alteration, no shadow of a change. By his own choice he made us his children by the message of the truth so that we should be a sort of first-fruits of all that he had created.

Accept and submit to the word which has been planted in you and can save your souls. But you must do what the word tells you, and not just listen to it and deceive yourselves.

Pure, unspoilt religion, in the eyes of God our Father is this: coming to the help of orphans and widows when they need it, and keeping oneself uncontaminated by the world.

(Ref: Liturgyhelp.com)

Year 5 Family/Parish Mass

Our next Family/Parish Mass will be celebrated on Sunday, 16th September, at 9.30am. All families, especially Year 5, are welcome. Mass will be followed by morning tea in the Parish House.

Voice of Youth Speaking Competition

Yesterday, three students from Year 6 represented Our Lady of Lourdes in the Lower Hills Cluster, 'Voice of Youth' competition. The participating schools were



St Angela's, Castle Hill, St Michael's, Baulkham Hills, St Paul the Apostle, Winston Hills and Our Lady of Lourdes. All the contestants spoke with confidence and enthusiasm on a variety of topics.

Our representatives and their topics were

Olivia Nesci - 'Distractions'

Rhecha Pathak - 'Poverty'

Maddison Starkey - 'Kathrine Switzer'

We are extremely proud of our students and congratulate them on their speeches. They were extremely well written and delivered with perfection! Fantastic work children!

Congratulations to Rhecha Pathak who received the Social Justice Award for her speech.

Social Skills

Respect, Integrity and Conflict Resolution

Standing up for yourself



Sympathy

Our thoughts and prayers are with the Gersbach family on the death of Mr Gersbach's father, Greg Gersbach, grandfather to Holly (4L).



School Fees

Please finalise your 2018 School Fees promptly. School fees were due on 29th August, 2018. We appreciate your attention to this matter.

Mrs Little

Congratulations to Mrs Little (3LH) who is expecting a baby in 2019.

Jersey Day 2018

Thank you to all the students who took part in Jersey Day today.



Scholastic Book Club

This week the students all Scholastic received a Book Club brochure. Orders are to be done online or using the LOOP app. (Please see below) will All orders delivered and distributed at school by the end of Term 3. All orders must be in by Friday 16th September.

If you have any questions please contact Mrs Nevlan.



Cyber Safety

(Please see attached flyers).

Diocesan Athletics

Last Friday, was the Diocesan Athletics Carnival at Blacktown International Sportspark and once again Our Lady of Lourdes finished with some outstanding results.

A big congratulations to Joshua Cetinic for receiving Junior Boys Runner-Up Age Champion and Lauren McQuaid for receiving Senior Girls Runner-Up Age Champion.

The following students also achieved some excellent results on the day and will now compete at the MacKillop Athletics Track and Field Championships on the 24th September.

Antonia Baranowski, Lily Johnston, Emma McMillan, Lauren McQuaid, Ava Smith, Angelina Zalloua, Joshua Cetinic, Isaac Chevalier, Samuel Polley, Paul Mejalli, Nicholas McNally.

Good luck to this long list of students. You have done an excellent job to make it this far and we wish you all the best for your next competition.

Coles Vouchers

During first and second term, many students from K-6 brought in Coles Vouchers. Our Lady of Lourdes was able to purchase lots of new sports equipment for our school with the amount of vouchers that were collected.

The following items were purchased:

Junior Secondary AFL Balls, Junior Primary AFL Balls, Foam Footballs, Stucco Set Kit (Velcro Bibs), Ball Launchers, Portable AFL Goals with Rubber Base

The students and teachers are looking forward to putting all this new equipment to good use!



Baulkham Hills Brumbies

Congratulations to the Under 10s and Under 11s Baulkham Hills Brumbies rugby league teams who won their respective grand finals last Sunday, 26th August.

OLOL boys represented in the teams include Samuel Polley, Ben Hyde, Tiger Lotoaniu, Joseph Wesser, Luke Hassarati, Harrison Qummou, Jasper King and Jaden De Guzman. The Under 10s were coached by John Polley and trained by Charlie Hassarati.

Special congratulations to Samuel Polley who was named man-of-the-match and MVP for the under 10s competition.

Congratulations

Alina Onis is a Level 5 Rhythmic Gymnast and trains 12 hours per week at ARG club.

Alina achieved 3 gold medals (individual and group routines) at an Invitational

Competition in Yotala Club earlier this year. Recently she competed at the NSW State Multiples Championships and was placed 3rd in a





group division. She also received a gold medal at the NSW invitational competition in clubs and qualified (was selected) to go to NSW State Championship Competition that was held on Saturday, 25th August, 2018. She placed 2nd in hoop, 4th in clubs and 7th overall in the level 5 Junior Division. This is a fantastic achievement for Alina, as she was one of the youngest in her division, she just turned 8 and most of her competitors are 10 years old.

Irish Dancing

Congratulations to Sheena King on becoming the NSW State Champion 2018 for Irish Dancing.



OLOL Social and Fundraising Committee Group Trivia Night

Saturday, 15th September 7.00pm for 7:30pm start.

\$15 entry and maximum 8 people per table.



Gather your friends for a full table or send in a few names and we will organise a table for you.

Look for the order form at the end of today's newsletter.

Book your table by returning your form and money to school by September 7th.

Looking forward to seeing many parents and friends there!

Petite Pupils Playgroup

Petite Pupils Playgroup for children 0-5 meets each Tuesday from 9.00am - 11.00am in the Parish Hall. New members are welcome!

It is a great way to meet other children and parents who also attend the school.

Playgroup

Enquiries to Jenny Badaoui 0415 705 913 or Kate Rose 0423 883 181.

Youth Group

Hey all, these coming weeks for youth at the Parish of Baulkham Hills.

Years 5-6: 9/09/2018 from 4.00-5:30pm at the



Downey Room, we'll be having a 'spiritually buff' afternoon, exploring the relationship between the physical and the spiritual, as well as having a heap of food, games and activities!

Years 7-8: 9/09/2018 from 4.00-5:30pm at the Old Church at St Michael's, we are encouraging you to bring a friend or two, for an afternoon of food, friends, and activities, all in the form of a trivia bonanza! Look forward to seeing you there.

All Ages:

Our Youth Mass, will be held from 6.00-7.00pm, a great way to meet other youth and get involved in our ministries happening around the church!

Sports Day: For Years 5-12, we will be hosting a sports day at the Old Church, from 12.00-1:30pm, on the 15/09/2018

If you have any other questions or concerns feel free to call the youth minister Paul Fam on 0407 773 174, or send an email through to:

youth@parishofbaulkhamhills.org.au

OLMC Parramatta Open Morning Tour

Our Lady of Mercy College Parramatta warmly invites you to attend our Open Morning Tour on Wednesday, 5 September, 2018.

Tour the College and discover how a Mercy Education empowers girls to expand beyond what they know they can be and enjoy a 'comfortable cup of tea' with the College Leadership Team.

The College is now enrolling for 2020.

Local Programs Register today

Visit <u>www.olmc.nsw.edu.au</u> to reserve your place or contact the Registrar 8838 1222 to discuss how your daughter can become a Mercy Girl.

SCHOOL EVENTS				
September Sun 2nd	Father's Day			
Tues 4th	Year 6 Book Tasting			
Thurs 6th	Peer Support 9.30am Mass Year 3 Priest visit Year 4 Reconciliation 4L			
Fri 7th	MacKillop Cricket Trials Cluster Meeting			
Mon 10th	First Reconciliation			
Tues 11th	2.20pm K-6 Assembly Kindergarten First Reconciliation			
Thurs 13th	Peer Support 9.30am Mass Year 2 Priest Visit Year 5 Reconciliation 4W			
Fri 14th	Infants Sports Carnival			
Sun 16th	9.30am Year 5 Family/Parish Mass			
Tues 18th	Year 6 Science Exhibition			
Wed 19th	Year 5 Shrek Day			





1800 780 900

Year 2's Excursion: Rouse Hill Schoolhouse

Last Friday, 24th August, year 2 went to the Rouse Hill Schoolhouse for a day of learning in an 1880's classroom. The children learnt how to write on slate, their 2 times tables using an abacus, a nature lesson on drawing different preserved animals that were on show and the most exciting part was learning about the cane. Children also participated in some sewing classes, maypole dancing and drill exercises. Before entering class, year 2 had to salute the flag, then girls entered first as this was the polite thing to do.











Year One Excursion to the Big Dig.



My favourite part of the excursion was when I tried to find some artefacts and discover how people used to live. We found a horseshoe because there were no cars in the past. There were rats that carried diseases so they had to catch the rats and kill them.

By Mia-Lore



My favourite part of the excursion was when we dug in the sand to find artefacts. We also did teamwork together. When we finished we had to bury them again so 1H could have a turn. I learnt that in the old days they didn't have toilets like us. They had chamber pots. I had a fun excursion! By Sienna

Year One Excursion to the Big Dig.



My favourite part was when I was digging for precious artefacts in the sand. I learnt that people had more children. I learnt that rats had a disease and people were catching it and dying. I wouldn't want to live in the olden days. By Charlie



My favourite part of the excursion was when we went to the Big Dig sandpit because I found some interesting artefacts. My favourite artefact was a big yellow block with one hole. I learnt that you had to wear your clothes one whole week because they had no water and that in the olden days the rats carried disease and killed some people. By Chloe

Father's Day Breakfast

Thank you to everyone who helped prepare the delicious Father's Day Breakfast today. It was great to see so many in attendance. Thank you also to all those who prepared the Father's Day Stall and helped serving on the stall. We really appreciate all the support of our wonderful parents.



A Parents' Guide to Snapchat



© 2015 ConnectSafely.org

Top 5 Questions Parents Have About Snapchat

1. Why do kids love Snapchat?

They love the spontaneity of it. It's been (rightfully) drummed into their heads for years that photos and videos you share are on the Web forever and are really hard to take back, so Snapchat's a relief in a lot of ways. It's playful and "in the moment" – a nice change from the self-presentation and reputation issues in social media services that display photos and videos indefinitely.

2. Does Snapchat have a minimum age?

Yes, the minimum age is 13, in compliance with the U.S. Children's Online Privacy Protection Act (COPPA). Snapchat ask for a date of birth when you download it, and if your birthday indicates you're under 13, you're not allowed to use the app.

3. What are the risks in using Snapchat?

Though there's nothing inherently dangerous about Snapchat, early news coverage fairly predictably associated disappearing photos sent on phones with "sexting." Many assume Snapchat's <u>biggest draw</u> is the temporary nature of its messages, which encourages people to share racy images without worrying about the repercussions. But most people – including most teens – don't use Snapchat that way. They use it because it's fun.

4. What's the appeal of having your messages disappear in seconds?

Because photos and videos go away and aren't on display anywhere, there isn't the reputation anxiety or image-curation fatigue people feel in other services. The ephemeral aspect also adds a degree of safety, as long as people don't have a false sense of security about it. Images can be saved as screenshots or captured with another phone or a third-party app. So, as always with digital media, 100% safe sharing doesn't exist.

5. What's the best way to help kids stay safe on Snapchat?

As with all social media, respect toward self and others makes us safer. Whether the experience is positive or negative depends so much on how people use the app or service, whether or not they're really friends, and how they treat each other on Snapchat. Friends may kid around, but most kids treat their friends well. It just never hurts to have a conversation (never a lecture) with them about how they use Snapchat just to be sure.

Snapchat, a media-sharing and chat app, is all about spontaneity. By default, the text, photos and videos you send disappear seconds after they're viewed – you get to decide how long your friends have to view them. One thing users love about that is they can share a moment that's digital footprint-free – they don't have to think about how their photos, videos or comments make them look to some unknown audience somewhere out in the future. Also, Snapchat is "in the moment." It's not about taking pictures to look at later in life but to let people experience them right now and then move on. It's as if photos are part of a conversation rather than as fodder for memories.

However, as we'll show you below, there are ways to save what you share. So no one should develop a false sense of security.

Snapchat runs on Android phones and tablets and on the iPhone, iPad and iPod Touch, which are sometimes used by young children.

Snapchat's features

- Media-sharing. You can share both photos and videos on Snapchat, and both
 are called "Snaps." Each time you take a Snap, you choose how long the viewers
 you select can view it, from 1 to 10 seconds. For the most part, Snaps are about
 sharing a moment and aren't captured with a screenshot. When they are,
 Snapchat is set up to notify you, but people have found workarounds for that,
 including third-party apps that capture Snaps. So share with that in mind.
 - "Stories," another feature that lets you string videos and photos together into, well, stories stay available a little longer 24 hours, in fact. Once you create a Snap, you have the option to start a Story with it. Then you can add more Snaps that help tell that Story.
- One-on-one video or text chat. Swipe Snapchat's main camera screen to the
 right, and you can either search your Friends list for someone to chat with or
 swipe a friend's name to the right to get into a chat with that friend. Like photos
 and videos, chats generally disappear quickly too. Once both parties have left the
 chat, the messages are gone.
- Filters. Swipe right on a Snap preview to customize the look of your Snaps. Use Geofilters – special design overlays that are available at specific locations or events around the world – for extra customization.
- Snapcash. Snapchat's payment feature is not for users under 18, but parents will
 want to know about it so nobody "borrows" their debit card to pay someone back
 or receive money via Snapchat. Snapchat partnered with Square, Inc., to enable
 users to link their Snapchat and debit card accounts to be able to make "peer-topeer" payments.

Sharing a moment

- Be nice it really helps. Just as in physical settings, people generally react, interact and share things in a friendly way on Snapchat too. Among friends sharing especially with photos on mobile devices it's usually a lighthearted thing, sometimes even goofy. It's just a shared moment like always, only now it can also be shared from the other side of the planet.
- Who to share with. Snapchat was originally designed for sharing with friends in "real life" or at least people in your phone Contacts. You decide who's best for sharing particular Snaps and Stories. If you like to share moments that only close friends or relatives would "get," set your Privacy Settings to optimize Snapchat for that preference. The Stories feature can be used in a very different way. Some celebrities have built huge audiences for their Stories and use the feature to communicate with their fans. You could build a fan base that way too; the nice thing about Stories is that, in your Privacy Settings, you have an extra option of customizing who can see them.
- Context is key. A positive experience on Snapchat truly depends on the situation being Snapped and the relationship you have with the friends you're sharing with. So, as in all other relating in life, help your kids understand that there's safety in kindness.

Optimizing Snapchat for security and privacy

 Manage your settings. Snapchat's settings are really basic, but there are some settings that can help a lot: the "WHO CAN" ones. If you don't want just anybody sending you Snaps, make sure you're using the default setting to only accept incoming media from "My Friends." Here's how to be sure:

Tap the ghost icon at the top of the camera screen to access your profile, then tap the gear icon in the upper-right corner to access the settings menu.

By "Who Can Send me Snaps," be sure it says "My Friends" not "Everyone." That way, only people you've "added" (or friended) on Snapchat can send you a photo or video.

For more help with this, visit https://support.snapchat.com/a/privacy-settings

Screen capture is possible. Snapchat doesn't support saving the Snaps you
receive, but smartphone operating systems do allow users to take screenshots –
capture what's on the phone's screen and save it on your phone – and there are
third-party apps that can also copy Snaps. It's also possible to take a picture of
the screen with another camera. So it never hurts to remind kids never to snap
photos that are illegal, could get them in trouble now or in the future, or would be

embarrassing if seen by people like grandparents, future love interests or college admissions officers.

- Don't screen-capture without permission. Some people think of this as basic good manners to record someone on the phone or capture an embarrassing moment without permission has always been considered rude, and the same is true on Snapchat. If someone shared a photo of you asleep in a car with your mouth hanging open, you probably would not be ok with that. Most teens probably already know that's the kind of behavior people want to avoid on Snapchat, but it doesn't hurt to ask them.
- You'll be notified (most of the time). Snapchat lets you know your message has been opened and – usually – if it has been captured and saved by the recipient.
 We say "usually" because it doesn't work 100% of the time and there are workarounds.
- Protect passwords: Like all services, make sure you have a strong and unique password and, parents, please remind your kids not to share their passwords with anyone, even their best friends. If someone has their password, it's possible for them to impersonate and embarrass them. For more on this, visit www.passwords.connectsafely.org.
- Keeping it real: Snapchat is a service mostly designed for "real life" friends, but
 there are still ways to find people you don't know (such as finding their Snapchat
 username on other services, or using the "Add Nearby" feature, which locates
 Snapchatters based on your physical location).
- Sexting concerns: Of course parents worry about sexting kids sending nude or sexually explicit pictures of themselves on social media – but it's not nearly as common as some media reports have suggested. In fact, research shows it's pretty rare among younger teens. Still, sexting certainly can happen. Teens need to know what the implications of sexting are. For more on this, see www.sexting.connectsafely.org.

What to do about harassment or unwanted Snaps

- Block the user. To block someone from sending you Snaps, go to your profile by
 tapping the ghost on the camera screen, then tap "My Friends," find the person's
 name in the list and tap it to reveal a little gear icon to the right of the person's
 name. Tap the gear and a screen will pop up giving you the option to block or
 delete that user. For more information visit https://support.snapchat.com/a/block-friends.
- Report abuse. If a child receives inappropriate photos or someone's harassing
 him or her, contact Snapchat via safety@snapchat.com or by going to
 Snapchat.com and clicking on Support. In the unlikely event you encounter
 anything that appears to be illegal or dangerous, or if you have reason to believe

- someone is at risk of harm or self-harm, contact your local police or dial 911 (in the United States) immediately.
- Delete the account: If Snapchat isn't for you (or your kid), you can delete the
 account by going to https://accounts.snapchat.com/accounts/delete_account as
 long as you have the username and password. If you wish to delete the account
 and your child won't give you his or her password, you can submit a deletion
 request at www.snapchat.com/static_files/deletion_request.pdf.

Some closing thoughts for parents

Snapchat is one the most popular messaging apps that kids use but new apps are popping up all the time, and parents can't possibly be on top of all of them. That's why it's important for kids to develop critical thinking skills to help them stay safe in media and all aspects of their lives.

And speaking of critical thinking, there's no need to panic every time you hear a media report about something awful happening in social media. The reason the news media cover awful situations is because they're rare. How often do you see headlines about planes landing safely? We only hear about the ones that crash. Of course kids can get into trouble using Snapchat or any other service, but the same can be said for swimming pools. That's why we teach them how to swim.

As for our job as parents, it's important to keep the lines of communication with your kids as open as possible and work together to figure out what's appropriate for them, in terms of safety, privacy, reputation and time management. It generally just works better to talk with our kids about their favorite tools – with genuine interest, not fear – because they're more likely to come to you when they need help and you're much more likely to be kept in the loop about all the cool technology that they use and you get to learn about. And just because you may have heard stories about some kids misusing Snapchat or any other app, doesn't mean that applies to your child. Kids' use of social media is very individual and largely a reflection of their values and social circles.



Social and Fundraising Committee Event



Saturday, September 15, 2018

Venue: OLOL School Hall
Tickets: \$15 per person
Doors open @7pm
Trivia, fun and games 7:30pm – 10:30pm
BYO nibbles and drinks

Max 8 people per table

For information contact: Katrina Gooding 0414 963 420

Bring your coins and cash for games and purchasing extra questions on the night Book your babysitters!!!! (children not permitted this time)

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Name 2:	Name 3:
Name 4:	Name 5:
Name 6:	Name 7:
Name 8:	
*If you don't have a table of 8, put your nan	nes down and we will arrange a table for you *
I would like 1 x Table of 8 at \$15 per per	son. Enclosed Amount \$
I would like x single ticket/s at \$15 pe	r person. Enclosed Amount \$
Cheques need to be made out to OLOL Pare	nt Group.
Please return this form and payment to the	school before Friday 7 September 2018

SCHOOL GANTEEN

OUR LADY OF LOURDES PRIMARY SCHOOL





20

30 me

~ COLD DRINKS ~ Harvey Juice (G) \$2.50	(&B, O&M ral Water (A)	Orange, Apple & Rasp, Lemonade, Lim. Water (G) Spring Water 600ml \$2.00		*	WHEN YOU SPEND \$3.00 OR MORE	\$1.50 (600ml)
~ MILK ~ Oak - 300ml (A) \$2.50	ıberry)	Chocolate, Strawberry	 ~ FOOD CODING ~ G Green − Healthy & Approved A Amber − Select carefully GF Gluten Free 		COMBO DEAL - WHEN	OR
~ HOT BAR ~ Garlic Bread Roll (G) \$2.50	arine & salt	Lettuce, tomato & Chicken in Lebanese bread Spaghetti & Sauce Nachos (A) \$4.00 Spaghetti & sauce w/ corn chips and melted cheese Fish Fingers (A) \$3.30 5 x Baked Fish fingers	Chicken Nuggets (A) \$4.50 6 x Baked chicken breast nuggets			SNACKS ~ Eucalyptus Drops (G) \$1.50 Siliced Watermelon (G) \$1.50 Custard Bowl (A) \$2.00 Yoghurt & Fruit (G) \$2.50 Red Rock Chips (A) from \$2.00 Pretzels \$2.00 Popcorn \$2.00
~ BURGERS & ROLLS ~ Hot Chicken Schnitzel (G) \$4.50	& Mayo	baked crumbed fish, lettuce & tartare sauce Cheeseburger (A) \$4.50 Fresh beef patty, cheese, mustard & tomato sauce		PLEASE USE FLEXI SCHOOLS ONLINE FOR LUNCH ORDERS!	www.flexischools.com.au	~FROZEN TREATS ~ \$1.50 Frozen Julce Cups (G) \$1.50 Peters Ice Cream from \$1.50 Frozen Orange Qtr \$0.50 Slushie (99% Juice) \$2.50

		Wealthy Canteen Open	
THURSDAY Chicken Mushroom Boscaiola (A) \$5.00 chicken, cream, mushrooms & penne	FRIDAY Fish & Wedges (A) \$4.50 Baked Fish & baked wedges	3 x Beef Party Pies (A) \$3.30 Oven Baked Wedges (A) \$4.50 (Sweet Chilli & Sour Cream)	Hot Dog w/ Sauce (A) \$3.60
MONDAY Beef & Bean Nachos (G) \$5.00 Chicken Mushroom Boscaiola (A) \$5. seasoned beef & beans served w/ corn chips, lettuce, tomato & sour cream chicken, cream, mushrooms & penne	TUESDAY Chicken Schnitzel, Mash & Gravy (G) \$5.00 Fish & We Homemade Schnitzel with Mash & Gravy Baked Fish	3 x Beel WEDNESDAY Oven B. Oven B. (Sweet a prizza (G) \$4.50 (Sweet a	(Vegetarian / Bbq chicken /Margarita) Hot Dog

WEEKLY SPECIALS



SCHOOL GANTEEN

OUR LADY OF LOURDES PRIMARY SCHOOL

Term 2& 3 2018



\$4.50

Toasted Banana bread & flavoured milk (300ml)

\$3.00

Ham & Cheese

Cheese

rot, capsicum & sprouts

\$2.50

Toasted Sandwiches (G)

\$2.00

Toast (2) (G) Jam or Honey

Raisin Toast (2) (G)

\$2.50

\$2.50

Yoghurt & Muesli (G) (GF)

Fresh Fruit Salad (G) (GF)

\$1.00

Fruit available daily (G)

Fruit (G)

Egg & bacon muffin & flavoured milk (300ml)

ons, egg, Caesar dressing

. pitted olives & feta

Breakfast Meal Deal (A)

\$2.50

Bacon & Egg M'Muffin (A)

~ BREAKFAST

SANDWICH BAR		~ SUPER SALAD BAR ~	D BAR ~
Vegemite, Jam or Honey (A)	\$2.40	Greek Salad (G) (GF)	\$5.00
Margarine spread		Tomato, cucumber, Spanish onion, pitted	h anian, pitte
Chicken (G)	\$4.00	Chicken Caesar (G)	\$5.00
Lettuce & mayo		Grilled Chicken, Cos lettuce, croutons, egg	; croutons, e
Cheese Tomato (G)	\$3.50	Chicken Buster (G)	\$5.00
Cheese & tomato		Grilled chicken, tabouli & hummus	nmmus
Ham (G)	\$3.80	Garden Salad (G)	\$5.00
Cheese & tomato		Lettuce, tomatoes, cucumber, carrot, caps	er, carrot, co
Chicken Schnitzel (G)	\$4.00		
Hummus & tabouli			
Cheese (G)	\$2.50		
Sliced tasty cheese			
Salad (G)	\$3.60		, -
Lettuce, tomato, cucumber, beetroot, onion & alfalfa	t, onion & alfalfa	Loc	Look out 1
Egg (G)	\$3.60		
Mayo & lettuce		3	Weekly V
Curried Egg (G)	\$3.60	L	
Mayo, curry & lettuce		ر	Specia
Tuna (G)	\$3.80	Y	,
Mayo, cucumber, Spanish onion, sweet chilli	eet chilli	K	1

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(Look out for our	Weekly Winter	Specials	1	
	Loc	3		1)
	7)	4

~TURKISH /FOCACCIA BREADS~

\$0.60 \$0.60 \$1.20

Breads (G) White, wholemeal or Multigrain

Gluten Free Sliced

White Roll

\$2.50

(Banana, Blueberry or Apple cinnamon) Warm Banana & Custard (A)

HOME-MADE TREATS ~

Homemade Muffins (A)

\$2.00

Banana Bread (A) Fresh or toasted

Chicken schnitzel, roast capsicum, pesto & cheese Eggplant, tomatoes, roasts capsicum & cheese Chicken Schnitzel (G)

Artichokes, roast capsicum, olives & feta cheese

\$1.00 \$1.00 \$1.00

> Boiled Egg (G) Hummus (G)

Avocado (G)

Mediterranean (G)

1110 Green - Healthy & Approved Amber - Select carefully ~ FOOD CODING ~ Gluten Free

D A P

\$0.20 \$0.20

Spoon or Fork (without a lunch order)

Lunch Bag

Sauce Portions

\$0.60

Cucumber, tomato or lettuce (G)

Ham (A)

before 9am - \$2.00 CRUNCH & SIP





Bottle of Water 350ml plus a choice of a Apple, Banana or Orange



Our Lady of Lourdes Baulkham Hills <u>Uniform Price List</u>

DESCRIPTION	PRICE
Unisex	Price
Bomber Jacket	\$65.00
Boys Summer	Price
Short Sleeve Shirt	\$25.00
Navy Shorts	\$25.00
Socks – Grey Turnover	\$5.00
Boys Winter	Price
Unisex Long Sleeve Shirt	\$30.00
Navy Trousers	\$30.00
Velcro Tie - Stripe	\$18.00
Socks – Grey Turnover	\$5.00
Girls Summer	Price
Summer Dress	\$55.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Socks – Grey Turnover	\$5.00
Girls Winter	Price
Winter Tunic	\$55.00
Unisex Long Sleeve Shirt	\$30.00
Tights – Grey	\$15.00
Velcro Tie - Plain	\$18.00
Scrunchy	\$5.00
Soft Headband	\$5.00
Hard Headband	\$5.00
Curly Ties – Grey, Navy, Sky	\$5.00
Sports	Price
Short Sleeve Sport Polo	\$33.00
Long Sleeve Sport Polo	\$33.00
Sport Shorts	\$25.00
Sport Trackpant	\$45.00
Sport Jacket	\$55.00
Socks – White Turnover	\$5.00
Accessories	Price
Backpack	\$45.00
Excursion Bag	\$15.00
Library Bag	\$15.00
Sun Hat	\$15.00
Raincoat – Navy or Yellow	\$25.00
Art Smock	\$15.00

DELIVERY

Delivery is every Tuesday and Friday during the school term.

Orders must be placed on the QKR app by 4:00pm Monday and Thursday for delivery the next day

Any further enquiries please contact Elle

elle@ozfashions.com.au

0421 216 414



Bank: Commonwealth

ORDER FORMS - email elle@	ozfashions.com.au
Our Lady of Lourdes Baulkha	m Hills Primary School - Uniform Order Form
Parent's Name:	
Child's Name:	Class:
Contact No:	Email:

		- 1	UNIFO	RM ORD	ER DET	AILS					
Unisex	4	6	8	10	12	14	16		Qty	Price	Total
Bomber Jacket		7-1-			1-15		100			\$65.00	
Boys Summer	4	6	8	10	12	14	16		Qty	Price	Total
Classic Blue- S/S Shirt										\$25.00	
Navy Shorts										\$25.00	
Socks - Grey Turnover	9-	12/		3-3/	2-	-8/	6	-11/		\$5.00	
Boys Winter	4	6	8	10	12	14	16		Qty	Price	Total
Classic Blue – L/S Shirt (Unisex)									F	\$30.00	
Navy Trousers				U 31						\$30.00	
Velcro Tie - Stripe	S-Pr	e tied/	M-F	re tied/	L-Pre	e tied/	L-Se	elf Tie/		\$18.00	
Socks - Grey Turnover		9-12/ 13-3/ 2-8/ 6-11/					\$5.00				
Girls Summer	4	6	8	10	12	14	16	100	Qty	Price	Total
Summer Dress				1			1100			\$55.00	202200
Scrunchy				0/	S/					\$5.00	
Soft Headband		0/S /							\$5.00		
Hard Headband		O/S /					\$5.00				
Socks - Grey Turnover	9-	9-12/ 13-3/ 2-8/ 6-11/					\$5.00				
Girls Winter	4	6	8	10	12	14	16		Qty	Price	Total
Winter Tunic										\$55.00	, , , ,
Classic Blue – L/S Shirt (Unisex)									1	\$30.00	
Tights – Grey	4-6/	6-8/	8-	10/ 10	-12/	12-14/	14	-16/		\$15.00	
Velcro Tie - Plain	0/S /					1	\$18.00				
Scrunchy	0/5 /					\$5.00					
Soft Headband	O/S /						\$5.00				
Hard Headband	0/S /							\$5.00			
Curly Ties - Grey, Navy, Sky					ISI					\$5.00	
Sports	4	6	8	10	12	14	16	-	Qty	Price	Total
Sport Polo – S/SL										\$33.00	1.000
Sport Polo – L/SL										\$33.00	
Sport Shorts								1		\$25.00	
Sport Trackpant				Di I						\$45.00	
Sport Jacket										\$55.00	
Socks - White Turnover	9-	12/		3-3/	2-	-8/	6	-11/		\$5.00	
Accessories									Qty	Price	Total
Backpack				0/	S/				1111	\$45.00	
Excursion Bag					S/					\$15.00	
Library Bag				0/						\$15.00	
Sun Hat	XS(5	2cm)/	S	54cm)/		Scm)/	L(5	9cm)/	- 1	\$15.00	
Raincoat – Navy or Yellow	4-6/ Color			8-10/ Colour		12-1 Cold	14/			\$25.00	
Art Smock	30,0		1-6/	20,001			10/			\$15.00	
7 01 01110010	4		, 5,				, 5,		0-	and Total	œ.

	PAYMENT	DETAILS	2-2
Option A. Credit Card	□VISA	☐ MasterCard	\$
Card No:			
Expiry Date:			
Name on Card:			
Option B. Direct Transfer *If you choose to use this		a remittance receipt to p	rocess your order*
Account Name: OZ Unifo	rms PTY LTD		
BSB Number: 062 174			
Account Number: 1046	5652		

DELIVERY

Tuesday and Friday during the school term. Orders and payment must be placed by 4:00pm the day before delivery.