



OLOL SCHOOL NEWSLETTER

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Baulkham Hills South
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www.ololbhs.parra.catholic.edu.au

Term 4 Week 7

20th November 2015

**This Sunday is the feast of Our Lord Jesus Christ,
King of the Universe - Year B**

This Sunday's Gospel reading is from John 18:33-37

You say that I am a king.

'Are you the king of the Jews?' Pilate asked. Jesus replied, 'Do you ask this of your own accord, or have others spoken to you about me?' Pilate answered, 'Am I a Jew? It is your own people and the chief priests who have handed you over to me: what have you done?' Jesus replied, 'Mine is not a kingdom of this world; if my kingdom were of this world, my men would have fought to prevent my being surrendered to the Jews. But my kingdom is not of this kind.' 'So you are a king then?' said Pilate. 'It is you who say it' answered Jesus. 'Yes, I am a king. I was born for this, I came into the world for this: to bear witness to the truth; and all who are on the side of truth listen to my voice.'

*Almighty ever-living God,
whose will is to restore all things
in your beloved Son, the King of the universe,
grant, we pray,
that the whole creation, set free from slavery,
may render your majesty service
and ceaselessly proclaim your praise.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy
Spirit, one God, for ever and ever. Amen.
(Ref: Liturgyhelp.com)*

FAMILY/PARISH MASS

Last Sunday, we celebrated our family Mass with Year 3. It was wonderful to see so many families attend this celebration and share in the morning tea after Mass.

TERM 4 SCHOOL MASS

Our final School Mass for the year will be celebrated on Thursday, 26th November commencing at 9.15am. The 2016 school leaders will be commissioned and the Principal and Citizenship awards will be distributed. All are invited to attend.

THE SACRAMENT OF FIRST EUCHARIST

Congratulations to all students, especially Year 3, who will receive the Eucharist for the first time this weekend at one of the three masses.

Saturday 21st November 6.00pm

Sunday 22nd November 9.30am & 2.00pm

Please keep these students and their families in your prayers.

YEAR SIX GRADUATION MASS

All parents, relatives and friends are invited to the Year 6 Graduation Mass on Tuesday, 1st December, commencing at 7pm. This will be followed by a light supper on the top level of the Learning Centre. The Year 6 students are to wear their summer uniform and meet outside the church at 6.45pm.

CHRISTMAS CONCERT—

MONDAY 7TH DECEMBER

On Monday, 7th December, we will gather to celebrate Christmas at OLOL. Parents, relatives and friends are invited to join in the celebration which will begin with a performance by our school band at 6pm in the piazza. **Adults are asked to bring fold-up chairs.**

All students must be at school by 5.45pm to meet their teacher at their allocated area in the piazza. Students are asked to bring a small towel on which to sit during the concert.

Please dress your child in Christmas colours – white, red, green, gold – unless otherwise informed by your child's teacher.

CHILDREN ARE NOT PERMITTED TO WEAR TINSEL OR GLITTER.

Please inform your child's teacher in writing, as soon as possible, if your child is unable to attend the school concert on Monday, 7th December.

At the conclusion of the concert, please collect your child from his/her teacher.

LIBRARY HELP NEEDED

Mrs Bryant would like some help in the library during weeks 8, 9 and 10 with stocktake. Please call the school office to let us know if you are able to help.

END OF YEAR MASS

Our final School Mass for the year will be celebrated on Thursday, 26th November at 9.15am. The 2016 school leaders will be commissioned and the Principal and Citizenship awards will be distributed. All are invited to attend.



Kindergarten 2016 Orientation Morning

Parents are reminded that the next orientation morning will take place on Tuesday, 24th November from 9.30am till 11.00am.

Commencement Date Term 1, 2016

In continuing with our focus on Maths and the EMU Program (Extending Mathematical Understanding). Staff members have been trained and the core material has been implemented K-6. The role of assessment in learning and teaching mathematics is vital. Next year, we will undertake extensive testing on each of our students via a Mathematics Assessment Interview (MAI).

Early in term 1, the teachers will be required to undertake testing and commence analyzing the material to determine the growth points/profile children's mathematical knowledge. Therefore, the first 2 days of term 1, 2016 have been allocated as Staff Development Days.

This means that school commences on

Friday, 29th January
For ALL STUDENTS (K-6)

Students Returning Late Term 1, 2016

Children in Years K-6 commence school on Friday, 29th January, 2016.

If you are aware that your child will be returning to school on a different date, please ensure a letter or email has been forwarded to the office before the end of this school year.

FAMILIES LEAVING OLOL IN 2015

In order to plan for next year, would you please notify the school and complete a leaving form if your child does not require a place for 2016. New families coming into the area are currently seeking to enrol at OLOL.

CLASSES 2016

We will soon be organising classes for 2016. We ask that parents DO NOT request specific teachers for their child.

SPORTS LEADERS 2016

Congratulations to the students who were elected as Sports Leaders for 2016.

RED

Maxim Bowry
Emily Hardy

GREEN

Sam Di Mauro
Leah Murphy

BLUE

Kaija Craig
Jackson Howard

GOLD

Hannah Mathews
Daniel Walker

These students will be presented with their badges at our End of Year Mass.

SCHOOL SWIMMING PROGRAM

On Monday, 30th November to Friday, 11th December, 2015 (Weeks 9 & 10), the children from Kindergarten to Year 4 will participate in the swimming program at Northmead Sports Centre—every child is expected to attend.

Grading forms are now overdue. It is important that these grading forms have been completed accurately and have been returned to your child's classroom teacher.

UNIFORM SHOP

The uniform shop will be open on Friday, 27th November and Monday, 30th November from 8:45am —9:15am. NO ORDERS will be accepted after 30th November.

VOLUNTEERS AFTERNOON TEA

A thank you afternoon tea for volunteers will be held on Thursday, 10th December at 2:15pm. Please see attached flyer. We look forward to seeing all our wonderful volunteers!

WALK FOR THE PARISH -

Saturday 21 November

OLOL needs volunteers to help with a letterbox drop in time for Advent. If you can spare an hour your help would be greatly appreciated. Start at 8am at the parish centre. Meet new friends, get some exercise and help spread the word about our parish. Walk, jog, drive, cycle - the more the merrier. Register your interest with Stefan Boffa (0417 671 265) or to find out more details.

Please spread the word among friends and family:

**8am OLOL Parish Centre, Sat 21 November,
1 hour—letterbox drop.**

SCHOOL EVENTS

Tues 24/11	Kinder 2016 Orientation 9am— 11am 6P Reconciliation
Thur 26/11	K—6 Mass Principal & Citizenship Awards 9.15am
Fri 27/11	Uniform Shop Open 8:45—9:15
Sun 29/11	First Sunday of Advent
Mon 30/11	Swimming Program K-4 commences (Week 1) Uniform Shop Open 8:45—9:15
Tues 1/12	6M Reconciliation Year 6 Graduation Mass 7 pm
Thurs 3/12	Priest class visits Year 5

REFURBISHMENTS

Refurbishments to 1D & 1H will commence on Monday 23rd November. We aim to keep the disruption to these classes to a minimum.

CANTEEN CLOSURE FOR 2015

Please note the last opening day for the canteen this term will be **FRIDAY 11TH DECEMBER** and NOT Monday 14th

2016 SCHOOL TERMS

TERM	COMMENCES	CONCLUDES
TERM 1	Friday 29th January 2016	Friday 8th April 2016
TERM 2	Tuesday 26th April 2016	Friday 1st July 2016
TERM 3	Monday 18th July 2016	Friday 23rd September 2016
TERM 4	Monday 10th October 2016	Tuesday 20th December 2016

FATHER GIOVANI

Congratulations to Fr Giovanni who has been appointed as Administrator of the Sacred Heart Parish of Luddenham-Warragamba from the 18th December.

We have been blessed to have Fr Giovanni as part of our parish and school over the past few years and we wish him well on his new appointment.

We welcome Fr Zvonimir Gavranovic who will join the Parish of Baulkham Hills as Assistant Priest.

SYMPATHY

Our thoughts and prayers are with the Pace family on the death of Mrs Pace's father, Jean-Pierre Cariot (grandfather to Maelys in 2H).



STEPPING BEYOND: SUPPORT FOR THOSE SEPARATED OR DIVORCED

CCSS Solo Parent Services' Monthly Support Group, "Stepping Beyond" will be held on Tuesday 24th November for those who are separated or divorced. This will be the last meeting for 2105 and it will be held at our new CCSS premises at 38 Prince St, Blacktown. Time: 7.30pm – 9.30pm. Cost: \$5.00.

Registration: Eileen or Rita Ph. 8822 2222 or soloparentservices@ccss.org.au.

OAKHILL COLLEGE ENROLMENTS 2017

Applications for enrolment into Year 7, 2017 will close on Friday 19th February, 2016. Parents who wish to apply for enrolment of their son at Oakhill College in Year 7, 2017, and who have not yet submitted an Expression of Interest for Enrolment form or Application form, are requested to contact the Registrar before Friday 19th February, 2016 on 9899 2288 or registrar@oakhill.nsw.edu.au

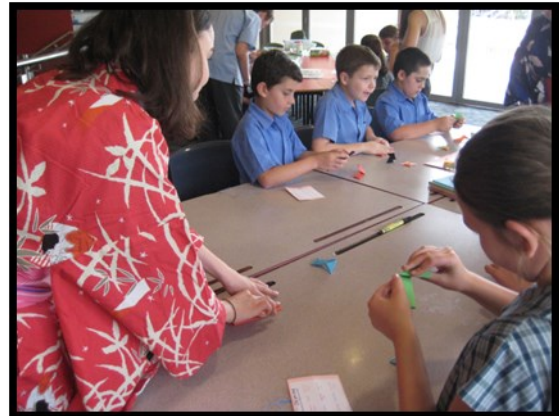
Japan Day

Year Five

On Thursday the 19th of November, Year Five had a great day when the year 9 and 10 students from Gilroy came to OLOL and taught us about Japan.

We completed activities such as making rice balls and origami. At the origami station we could make a ninja star, a paper crane, a dog or a frog. We also learnt how say many things in Japanese. We learnt how to count from 1 to 10, some greetings and names of body parts. It was fun when we got to sing a song about the days of the week in Japanese.

By Sam Di Mauro.



Extra-Curricular Activities -*Sporting News*

Swimming Lessons – Years Kindergarten to Four

In Week 3 of this term, a note went home to all students in Years Kindergarten to Four regarding the Swim and Survive program that is taking place at Coulter Swimming Centre. This program will take place every day for all grades involved from Monday, 30th November to Friday, 11th December. If you have not received a note regarding this event, spare forms can be collected from the school office.

Another note will be sent out closer to the starting date of the program, reminding children what to wear and bring each day for the swimming program.

If you have any questions regarding the program, please feel free to contact Mrs Drumond at the school.

AFL Years K-6

The AFL is hosting a 4 week after-school AFL program for Our Lady of Lourdes students in Years K-6 on Fridays starting in Week 7. The program is completely optional for children/parents to participate in and is designed to give students a taste of AFL and then provide them with the information necessary to join their local club for further involvement in AFL.

The sessions will run from 3:25 to 4:25pm at Yattenden Oval. The sessions involve various skill games and activities deriving from a number of sports and the children will participate in age appropriate groups.

The AFL will provide free 30min sessions for K-2 classes during Week 6 in school time to show students the type of games/activities involved in the program. The students are then given their invitation and instructions regarding how to register online.

For Years 3 to 6, the AFL will briefly talk at an assembly about the program. Invitations (including instructions on how to register) are distributed to students at this time.



Representative Sports – 2016 Years 5 and 6 Students

In Week One of this term, a note went home to all the current Years 4 and 5 students regarding registering an ‘expression of interest’ for trialling for representative sports in 2016.

It is important to note that these trials are generally for children who display above average ability and/or representative experience in their chosen sport. While teams are open in age it is **strongly recommended that only children of a representative standard in Years 5 & 6 in 2016 be invited to attend.**

Please be aware that registrations for Basketball, Cricket, Softball and Tennis are now **closed**. All other registrations will still be open until the 5th February, 2016.

Parent Volunteers Afternoon Tea

Volunteers help at Our Lady of Lourdes in many ways; reading, literacy groups, excursions, sports carnivals, P&F, fundraisers, hospitality events, canteen, book covering and in so many other ways.

As a way of saying 'Thank You', the children and staff would like to invite you to our special afternoon tea for parent volunteers.

WHEN: Thursday, 10th December, 2015
TIME: 2.15pm
WHERE: Open Learning Area



If you are able to come please fill in the RSVP form below and return it to the school as soon as possible.

Thank you
Steve Haskins



*I/we will be able to attend the
Parent Volunteers Afternoon Tea
on Thursday, 10th December at 2:15pm*

Name/s _____

Child's Name _____

Class _____

2016 Diocesan School Fees

Dear families

As you may be aware, there is still uncertainty around long term government funding for Catholic schools. Indications are that federal government funding for education post 2017 will be linked to the Consumer Price Index (CPI), which historically has been much lower than the education inflation rate. Funding growth linked to CPI will not meet increases in the real costs of schooling.

To maintain our current service levels we will need to increase diocesan tuition fees by 5%. This increase will mean we can continue to fund important initiatives to improve student learning, including:

- literacy and numeracy programs such as Focus180, Reading Recovery, EMU, EM4 and professional learning for teachers and leaders to support the implementation of these programs
- increasing support for students with disabilities, behavioural and emotional needs
- improving our learning spaces, technology and infrastructure
- building new schools and expanding existing schools to cater for new places

Scholarships and fee arrangements

We are committed to ensuring that no child will be refused enrolment due to a family's financial situation. There are a range of scholarship and support programs to assist families including:

- The Bishop Manning Scholarship Fund
- Fee arrangements and discounts
- The Byallawa co-contribution scheme for Indigenous families

Annual Diocesan Tuition Fees - 2016

Annual Diocesan Tuition Fee can be paid upfront at the start of the year or as three equal payments in Terms 1, 2 and 3. Flexible payment plans are also available around weekly, fortnightly or monthly payments. The fee is only charged for the first three children currently enrolled in the diocese. There is no additional Diocesan Tuition Fee for the fourth child attending a systemic school in the diocese or other participating Catholic schools.

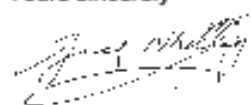
Annual Diocesan Building Levy - 2016

The Diocesan Building Levy enables us to continue to maintain all schools to a high standard, and ensure we can expand or build new schools in high growth areas. To ensure this continues we will need to increase the building levy by \$33 per family per year. The levy for 2016 will be \$735 per family, payable in three equal instalments of \$245 in Terms 1, 2 and 3.

We continue to make every effort to contain educational costs and we do not take the decision to raise fees lightly. If a school fee increase will be difficult for your family to manage, please contact your school principal. We will provide every assistance to families in financial need.

Thank you for your ongoing support of Catholic education.

Yours sincerely



Gregory B Whitby
Executive Director of Schools

The 2016 Annual Tuition Fees are as follows:

Annual Fees		1st Child 100%	2nd Child 75%	3rd Child 50%
Tuition Fee Primary	Kindergarten	\$1,098	\$825	\$549
	Years 1 - 6	\$1,419	\$1,065	\$711
Tuition Fee Secondary	Years 7 - 8	\$1,968	\$1,476	\$984
	Years 9 - 10	\$2,184	\$1,638	\$1,092
	Years 11 - 12	\$2,790	\$2,094	\$1,395

Diocesan Fees Schedule 2016 - Attachment A

Annual Diocesan Tuition Fees – 2016

Annual Diocesan Tuition Fee can be paid upfront at the start of the year or as three equal payments in Terms 1, 2 and 3. The fee is only charged for the first three (3) children currently enrolled in the diocese (in other words there is no additional Diocesan Tuition Fee for the fourth child attending a systemic school in the diocese or other participating Catholic schools - see 'Sibling Discounts' below). To work out how much the fee is for each child, check the table below.

The 2016 Annual Diocesan Tuition Fees are as follows:

ANNUAL FEES	No charge for 4 th + children	1st Child 100%	2nd Child 75%	3rd Child 50%
Primary	Kindergarten	\$1,098	\$825	\$549
	Years 1 – 6	\$1,419	\$1,065	\$711
Secondary	Years 7 – 8	\$1,968	\$1,476	\$984
	Years 9 – 10	\$2,184	\$1,638	\$1,092
	Years 11 – 12	\$2,790	\$2,094	\$1,395

The 2016 term rate for each of the first three terms is as follows:

TERM FEES	Charged in Terms 1,2 & 3	1st Child 100%	2nd Child 75%	3rd Child 50%
Primary	Kindergarten	\$366	\$275	\$183
	Years 1 – 6	\$473	\$355	\$237
Secondary	Years 7 – 8	\$656	\$492	\$328
	Years 9 – 10	\$728	\$546	\$364
	Years 11 – 12	\$930	\$698	\$465

Annual Diocesan Building Levy – 2016

All families with one or more children in a Parramatta Diocesan school or at St Dominic's College, Kingswood are required to pay the annual Diocese of Parramatta Diocesan Building Levy. This levy has replaced the various building levies that parents previously paid to school building funds (managed by either parishes or schools). **The levy for 2016 is \$735 per family, payable in three equal instalments of \$245 payable in terms one, two and three.**

Annual Diocesan Education Fee Temporary Residents – 2016

The Diocesan Education Fee Temporary Residents for 2016 is **\$1,815 per student, payable in three equal instalments of \$605 in terms one, two and three.** The fee applies to new students on the following Visa numbers: 173, 401, 411, 415, 416, 418, 419, 420, 421, 422, 423, 426, 427, 428, 442, 457, 459, 476, 485, 497, 580, 600, 601, 651, 675, 676, 679, 685, 944, 956, 976 and 977 including where any of these are the preceding visas for families on bridging visas 010 to 090.

Families charged this fee in 2013 will continue to be charged on a per family basis to the eldest student whilst the family has continuous current students.

Enrolment Fees – 2016

These are non-refundable and include upfront Application Fee and if successful an Enrolment deposit:

Non-Refundable	Application Fee	Enrolment Deposit
Primary	\$0	\$100
Secondary	\$50	\$300



Our Lady of Lourdes Primary School

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Email: ololbhills@parra.catholic.edu.au

Dear Parents/Guardians

Our orders have been placed for general materials for classroom use for 2016. Much of the cost of these items is covered by the School Resource Fee. Below are items that we require you to purchase for your child's own use at school. A number of these items would make ideal Christmas gifts. **It is most important that each item has your child's name on it so he/she can identify and care for his/her property.** Parents are asked to replenish stationery items, throughout the year as the need arises.

Kindest Regards,

Steve Haskins
PRINCIPAL

KINDERGARTEN	YEAR ONE	YEAR TWO
1 painting shirt – clearly labelled with child's name 1 library bag – labelled with name 1 large box of tissues 1 spare set of underwear (to be kept in school bag) 1 spare set of socks 8 Bostik "Glu Stiks" (large 35g clear – labeled with child's name) 2 packets x baby wipes 1 x packet 'post-it' notes 2 x fine bullet point whiteboard markers (blue or black)	8 windup large glue sticks (UHU or Bostik) 2 erasers library bag - labelled 1 painting shirt – labelled 1 large tissue box 1 pk wipes/wet ones 1 sharpener with barrel 1x 12 pack coloured pencils 1x 12 pack wind up crayons 1 <u>small</u> pencil case (all items clearly labelled please) To have at home for homework: - lead pencils - eraser - pencil sharpener	8 windup large glue sticks (UHU or Bostik) 2 <u>plain</u> erasers library bag - labelled 1 painting shirt – labelled 2 large tissue boxes 2 packets baby wipes/wet ones 1 sharpener with barrel 1 pkt wind up crayons 1 pkt coloured pencils 1 pair safety scissors 1 <u>clear</u> hard plastic (30 cm) ruler 1 <u>small</u> pencil case 10 lead pencils (all items clearly labelled please) To have at home for homework: - glue stick - coloured pencils - safety scissors - lead pencils - eraser - pencil sharpener
YEAR THREE	YEAR FOUR	YEAR FIVE
1 packet coloured pencils (12 – 24) 10 lead pencils (2B) per term pencil sharpener with barrel eraser Bostik glue sticks – large 1 packet crayons – wind up ruler, 30 cm (mm also) clear (hard) medium size pair scissors Macquarie Primary Dictionary <u>small</u> pencil case 2 boxes of tissues painting shirt library bag 1 pad of 'post-it' notes (yellow) – 7.5cm x 7.5cm 1 packet Baby wipes	lead pencils (each term) 1 plastic ruler (30cm) pencil case large glue sticks (each term) 1 pair of scissors coloured pencils / crayons highlighters textas sharpener eraser 1 library bag 1 paint shirt 2 boxes of tissues USB/Flash Drive 1 x baby wipes	coloured pencils and textas blue and red pens lead pencils pencil case, sharpener, eraser 30 mm/cm clear plastic ruler - rigid 2 large boxes of tissues scissors, highlighters geometry set – clear protractor, including compass white out <u>tape</u> (no liquid) optional dictionary (recently published for senior students) textas – 1 Artline 200 fine 0.4 black 1 Artline 0.8 black USB – Flash Drive (optional) glue sticks each term old magazines
YEAR SIX		
Blue & red pens – no gel pens, no click pens Lead pencils – HB and 2B 30 mm/cm clear plastic ruler glue sticks 1 black whiteboard marker 1 green whiteboard marker white out <u>tape</u> (no liquid)	geometry set – clear protractor 2 packets of plastic sheet protectors USB – Flash Drive 2gb Post-It notes (2 pads) 4 x baby wipes (for cleaning desks)	textas - 1 Artline 90 chisel point black 1 Artline 200 fine 0.4 black highlighters 2 boxes of tissues A4 display folder x 2 A3 Presentation Folder

ASTHMA AWARENESS

16/11/2015

breathe easy this bush fire season | Asthma Australia

Breathe easy this bush fire season

With bush fire season well underway, we are urging parents and school staff to be extra prepared and aware of asthma signs and symptoms.

Asthma Foundation NSW CEO Michele Goldman warned wood smoke poses a serious threat to people with asthma, particularly children.

"Children, the elderly, and people with asthma and other breathing problems are usually the first to feel the effects of smoke," Ms Goldman said.

"Parents and carers of people with asthma need to be on the alert during bush fire season because wood smoke can trigger a flare-up or even a potentially fatal attack," she said.

"During this period it is absolutely vital that people keep taking their asthma medication. We are advising all people with asthma to carry their reliever medication at all times and to take their preventer medication regularly, as it can take some weeks to be fully effective.

"On days when wood smoke levels are high, people should consider the places they intend to visit and weigh up the risks carefully."

For further information visit our **bush fires** page or for asthma concerns phone our on 1800 ASTHMA (1800 278 462).

The NSW Rural Fire Service recommends everyone in bush fire prone areas to put their bush fire plan into place. Current information on the status of bushfires can be obtained on the Rural Fire Service website at www.bushfire.nsw.gov.au or call 1800 679 737.

Tips to reduce the effects of smoke on asthma

Visit your doctor to update your written Asthma Action Plan.

Continue using your preventer medication and ensure you have reliever medication with you at all times.

When there is smoke from a fire in the area, unless you are advised to evacuate you should stay indoors, and close all windows and doors. If you have an air conditioner, switch it to recycle or recirculate.

If you are in your car, put the air conditioner onto recirculate to reduce your exposure to smoke.

If you are exposed to smoke and your reliever medication is not controlling your asthma symptoms start asthma first aid: sit upright and try to be calm, using your spacer give yourself 4 puffs, taking 4 breaths between each puff. Re-evaluate after 4 minutes. If no improvement, repeat the 4 puffs. If your situation does not improve seek medical assistance.



You could **win** an **iPad mini**

Read as many books as you can, tell us why you love them, and you could win one of four iPad minis. The more books you read, the more chances you have to win*. Enter online at www.parra.catholic.edu.au Entries close 5 February 2016.

Executive Director's Summer Reading Challenge



SUMMER IS SWEET

NOW TURN
UP THE **HEAT**

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INTO THE SYDNEY HILLS
TO SATISFY YOUR
SUMMER CRAVINGS

OUTDOOR THEATRE
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**Summer
SERIES**

IN THE HILLS
Sydney's Hidden Side

CATHOLIC DIOCESE OF PARRAMATTA

KRAKOW

WYD 2016



Pilgrims from the Diocese of Parramatta will be involved in a mission experience in the Diocese of Tagbilaran, Bohol, Philippines on their way to Poland for WYD 2016



Meet the challenge
of Pope Francis in helping and caring
for those in need.



Blessed
are the merciful,
for they will receive
mercy Mt 5:7



www.parrawyd.org

SUMMER MENU

Term 4, 2015

Sandwiches

Honey	\$2.60
Vegemite	\$2.60
Cheese	\$2.60
Tuna	\$3.00
Ham	\$3.00
Chicken	\$3.00
Egg	\$3.00
Added Extras:	\$0.20 each
e.g. Cheese, Tomato, Lettuce, Mayonnaise	
Paper bag add	\$0.20

Salad Sandwiches

Tuna Salad Sandwich*	\$3.60
Ham Salad Sandwich*	\$3.60
Chicken Salad Sandwich*	\$3.60
Egg Salad Sandwich*	\$3.60

*Salads include tomato, cucumber, lettuce, carrot, cheese.

Salad Boxes

Served in a container with a fork provided.

GF Tuna Salad Box*	\$3.60
GF Ham Salad Box*	\$3.60
GF Chicken Salad Box*	\$3.60
GF Egg Salad Box*	\$3.60

*Salads include tomato, cucumber, lettuce, carrot, cheese.

Sushi

Chicken Cucumber	\$3.40
Chicken Avocado	\$3.40
Tuna Cucumber	\$3.40
Tuna Avocado	\$3.40

Note: There are NO alterations or variations to any roll.

Lunch orders must be at the canteen by **9.30am**
to avoid disappointment.

No sushi orders will be accepted after 9.30am.

Chicken Roll*	\$4.00
Chicken Tender served on a roll with lettuce.	
GF Chicken Box*	\$4.00
3 Chicken Tenders served in a container.	
Hot Dogs*	\$4.00

THEN *Choose your sauce

Tomato or BBQ or Mayonnaise

Fresh Fruit

Only available over the counter at recess.

GF Slinky Apples	\$0.60
GF Slinky Apples	(supplied from home) \$0.20

Snacks

GF Apple Frozen Fruit Cup 110ml	\$0.60
GF Orange Frozen Fruit Cup 110ml	\$0.60
GF Strawberry Frozen Yoghurt 125ml	\$1.00
GF Mango Frozen Yoghurt 125ml	\$1.00
Honey Soy Chicken Chips 28gm	\$1.00
Sea Salt Chips 28gm	\$1.00
Grain Waves 28gm	\$1.00
Sour Cream and Chives	
Barbeque chips 27gm	\$1.00
Salt and Vinegar chips 27gm	\$1.00

Drinks

GF Plain Whole Milk 300ml	
GF with Sipahh Straw (optional)	\$1.80
GF Chocolate Milk 300ml	\$1.80
GF Strawberry Milk 300ml	\$1.80
GF Orange Juice 350ml	\$1.80
GF Tropical Juice 350ml	\$1.80
GF Apple Juice 350ml	\$1.80
GF Apple/Blackcurrant Juice 350ml	\$1.80
GF Pineapple Juice 350 ml	\$1.80

Treats

Please DO NOT add these to lunch orders.

GF Jelly Cups 200ml	\$1.20
GF Quelch Fruit Sticks	\$0.40
Funny Finger	\$1.00
GF Calippo Minis Raspberry/Pine	\$1.00
GF Lemonade Icy Twists	\$1.20
Paddle Pops	\$1.60

Please remember: Fresh Fruit and Treats are not available through lunch orders. Drinks, snacks and treats will be available to purchase over the counter.

If you have any enquiries regarding the canteen, the menu, the roster or unable to attend your rostered day, please do not hesitate to contact Carol Asimus on 0414 580 984.