

## OLOL SCHOOL NEWSLETTER

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### Term 3 Week 5

#### 15th August, 2014

# Today is the Assumption of the Blessed Virgin Mary

Lord our God, you have given us the Blessed Virgin Mary to be our mother, our queen, and our model of discipleship. May we follow Christ as she did, in simplicity, faithfulness, and love, until we are united with him in heaven.



Grant this through the same Christ our Lord. Amen.

(Ref: Daily Prayer 2104)

#### **Feast of the Assumption Mass**

Today we celebrated the Feast of the Assumption with a whole school/parish Mass. The children are to be congratulated on their beautiful behaviour and the prayerful way they participated in this Mass.

#### **Year 5 Family Mass**

Our next family/parish Mass will be on Sunday, 31<sup>st</sup> August at 9.30am. All families, especially Year 5 are welcome.



#### Religious Literacy Assessment.

Over the next two weeks, students from Years 4 and 6 will participate in the Religious Literacy Assessment. This assessment focuses on the key concepts that are being addressed in the Religious Education Program, 'Sharing Our Story' and the students' ability to make connections with Catholic traditions and religious life of the school and parish. Students will complete an online, multiple choice assessment consisting of 35 questions. These come under 7 categories: God, Jesus, Church, Prayer, Sacraments, Scripture and Christian Life.

We wish all our students well as they take part in this assessment.

#### **Uniform Shop**

The uniform shop will be open on Wednesday, 20th August and Friday, 22nd August from 2.45pm till 3.30pm.



#### **Hills Zone Carnival**

Congratulations to the team of students who represented OLOL in the Hills Zone Athletics Carnival at Blacktown International Sportspark on Thursday, 14th August. All competitors performed well in their track and field events. The students showed excellent sportsmanship as they encouraged each other, as well as children from other schools.

A number of students have progressed to the Diocesan Athletics carnival to be held next Friday, 22nd August.

These children are:

Cailley Culnane, Michael Gabrael, Alessia Haberecht, Jasmine Howard, Summah Lake, Josh McQuaid, Eloise Northam, Emma Polley, Joshua Pozzolungo, James Smith, Vanessa Turini, Finn Watkins, Isabella Williams, Caitlin Wooldridge, Aston Wypych-Coles.

A special mention to Summah Lake who was awarded Senior Girls Age Champion on the day. Congratulations Summah!

Special thanks to Mrs Newton and Mrs Attard who generously gave their time on the day to assist with Shot Put. Your help is greatly appreciated.

#### **Summer Uniform**

Parents are reminded that after the Term 3 holiday break, the children should return to school in summer uniform. If you need to place an order for a summer dress it is recommended you allow plenty of time for delivery.

#### **Literacy and Numeracy Week**

We are celebrating Literacy and Numeracy Week in Week 7, beginning 25th August. We will also be celebrating Book Week at the time. Parents are invited to join us on Tuesday, 26th August as this will be our major focus:

10.00-11.00am Open classrooms

Literacy/Numeracy activities

11.00-11.30am Morning Tea for parents

12.00-1.00pm Book Parade

2.20pm K-6 Assembly, Kinder preparing

#### **Bookweek Selfies**

Please see the attached sheet regarding a picture of students with their favourite book. Please note parents may prefer to take photos for their children.

#### **Book Week Parade**

Children are to come to school in their uniform and for the parade may:

- Oress up as their favourite book character;
- or Carry a poster of their favourite book cover; or
- Wear a sandwich board of their favourite book.

#### **Numeracy Activities**

As a part of our focus on Numeracy throughout 2014 which has included our well attended Extending Mathematical Understanding (EMU) parent



workshop in Term 2, listed below are two activities that you can play at home with your child. These activities are aimed at children from grades 3-6, however, can be adapted easily for our younger students.

#### Take Away Remainders

In pairs, you need a collection (handful) of counters, beans, etc., and a dice.

You each drop the handful of counters or beans on a table. Organise the collection into 1 total (e.g., 33).

Take turns to roll the dice and divide/organise the collection into groups of the number rolled on the dice. Prove this to your partner.

Any left over (remainder) counters or beans, etc. are taken from each player's total collection. Turn taking continues with re-arranging the collection and taking -away of any remainder counters.

The first player to 'take-away' all of their collection (has no counters left) is the winner.

\* As a variation, you may use dice that have larger numbers.

#### **Left Overs Game**

In pairs, you need a collection of counters, beans, etc., and a dice.

Organise and record the amount of counters or beans (e.g., 22)

Take turns to roll the dice and first imagine, then divide/organise the collection into groups of the number rolled. Prove to your partner.

Your score is the number of left over counters or beans.

The first to score 15 is the winner.

For example: Teresa rolled 5 and put the 22 counters into groups of 5. She has 2 left over and scores 2.

#### **OLOL Parent Group**

A reminder to all parents that the Parent Group will meet on Tuesday, August 26 at 7pm in the open learning area. A light supper will be served. We look forward to seeing you there.



#### **Bus Shopping Tour**

The Bus Shopping Tour will take place on Saturday, September 20th.

Ticket order forms went home last week. Tickets are \$40 including morning and afternoon tea. We will stop for lunch or you can BYO. Seats are limited, so avoid disappointment and return the form with payment as soon as possible to ensure a booking. Enquiries Chris Coorey 0421 611 030.

#### Father's Day Stall

Planning is underway for our Father's Day Stall, and we are asking families for prize donations for the Father's Day Raffle that will be drawn on the day. If you would like to donate a prize, please drop your donation into the donations box at the school office, or contact Carina Morales on 0414 412 422.

#### **Worldwide Marriage Encounter Weekend**

(a marriage enrichment experience for married couples) 12th-14th September (7th to 9th November) at Mt Carmel Retreat Centre, Varroville.

Bookings: 02 4283 3435 or

<u>wsharpe@bigpond.net.au</u> <u>www.wwme.org.au</u> <u>www.facebook.com/WWMEasternUnit</u>

#### Respect, Integrity and Conflict Resolution

 What to do if someone is annoying you



SCHOOL EVENTS	
August Mon 18th	Book Week RE Assessment Part A Online Test Years 4 and 6 Weeks 6-8 18/8 till 5/9
Tues 19th	9.15am Mass Year 3 4D Reconciliation
Thurs 21st	Father Giovani class visit Year 3
Fri 22nd	The Queenship of Mary Basketball Clinics Years 3 and 4 Diocesan Athletics Carnival
Mon 25th	Literacy and Numeracy Week Music-A-Viva
Tues 26th	Open Classrooms Parent Morning Tea Book Parade K-6 Assembly, Kinder 2.20pm P&F Meeting 7.00pm
Thurs 28th	Wakakirri Heats

# Year 2 Religious Education

This term Year 2 has been learning about the Eucharist. The children have heard and discussed the scripture readings of Levi's Banquet, The Last Supper and The Feeding of the Five Thousand. As part of the unit we have looked at the parts of the Mass.



# Year Five Excursion State Parliament

On Thursday, 31st of July, Year 5 went on a fascinating excursion to State Parliament. Firstly, we learnt where the Ministers sit, what they say, and what they do in the Legislative Council and then the Legislative Assembly. During this time, we got to perform a passing of a Bill in Parliament. Whilst we were there, we were visited by David Elliott, our Local State Member. We had recess and lunch on the grass overlooking the harbour. How cool is that? After lunch we had a long walk back to the bus and a long ride back to school.

By Emma Assaf and Emily Toon











### Celebrating Book Week 2014

### Connect to Reading

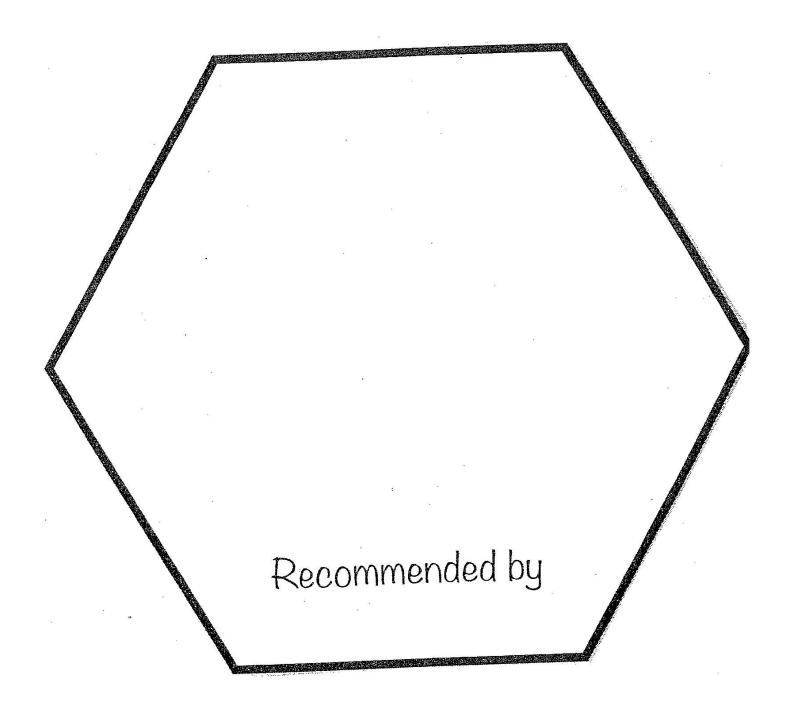


During our Book Week celebrations we are asking the children to take a SELFIE with their favourite book. These SELFIES will be displayed around the school for all the children to view.

The children are to print and cut their SELFIE out, and paste it onto the shape on the reverse side of this sheet. Please return the sheets next week.

Thank you. Mrs. E. Bryant







# Dr Andrew Martin

Anxiety and Children



Date: Monday 1 September 2014

Time: 7pm (Doors open 6.30pm)

Venue: St Patrick's Primary School

51-59 Allawah Street,

Blacktown

RSVPs essential to preparrevents@hotmail.com

# Newsletter for schools & other education settings



#### The dreaded pollen season

Spring is just around the corner, which means warmer weather, longer days and increased pollen. For many people in Australia with asthma or hay fever, August to March (or the dry season in tropical areas) is a particularly difficult time. This is when an increased amount of pollen is in the air, which may trigger an asthma 'episode' or 'attack' making life pretty uncomfortable.

Tell-tale symptoms of hay fever are sneezing, an itchy nose with a clear watery drip, nasal congestion, an itchy throat and itchy and watery eyes.

Hay fever may be seasonal or symptoms can be present year-round, with triggers being similar to asthma. Seasonal triggers include pollens from grasses, weeds and trees, and moulds. However, hay fever can be triggered by other allergic factors too, such as house dust mites, pet allergens, cockroaches, cold air, strong odours and/or tobacco smoke.



While hay fever and allergies are unpleasant enough for anyone, they can pose a serious threat to people with asthma. This is because they can trigger an asthma flare-up or even an attack, which is why treatment of hay fever needs to be part of a person's asthma care. Studies have shown that treating hay fever symptoms can reduce emergency department visits and hospitalisation due to asthma.

If hay fever is causing your students problems we recommend they see their doctor to make sure their asthma is well controlled and that they are taking the right medications for both conditions. This will reduce the chances of them reacting to pollen. Here are some additional tips to help your schools be prepared this spring.

#### Postpone outdoor exercise

When you exercise you breathe faster and through your mouth, which cuts out the normal warming, moisturising and filtering action of the nose. This is why it is worthwhile postponing outdoor exercise on high pollen days.

#### Stay indoors on very high pollen days

When there's lots of pollen in the air provide an option for students with asthma to stay indoors. If you have the option, turn the air conditioner to filter and circulate the air in your classrooms. Don't open your windows or you will let the pollens or pollution inside to settle throughout the classrooms.

#### **Need more help?**

If you would like further support with managing your students asthma please email <a href="mailto:ask@asthmafoundation.org.au">ask@asthmafoundation.org.au</a> or phone the Asthma InfoLine on 1800 ASTHMA (1800 278 462).

#### Save the Date - PJ Day 5 May 2015

With the generous support from the community this year's PJ Day raised over \$30,000 and more is still coming in. This money will help us provide education and support to people with asthma.

We are planning on making next year's event bigger and better and aim to raise \$50,000. You can help by selecting Asthma Foundation NSW as one of your nominated charities for your fundraising in 2015. Hold a PJ Day next year and help us spread the word and encouraging others to take part.



# Bus Shopping Tour

# Saturday September 20<sup>th</sup>

Cost \$40

Includes morning and Afternoon Tea

There will be a **SHORT** stop for lunch or you can bring your own

Pick up is at 8am and drop off is 5pm from the school

Our Pit stops will be;

Clothing

Shoes

Handbags

Accessories

Homewares

Makeup

Swimwear

Toys

Chocolates/Sweets

A form for ticket purchases will be sent home with your child in the coming weeks

If you have any questions contact Christine 0421 611 030